



Programme
Saturday, 20 July 2019

| TIME | TOPIC | SPEAKER | |
|---------------|--|--------------|--|
| 07h30 – 08h00 | Registration & Tea/Coffee | | |
| | PLENARY SESSION 1 | Chairperson: | |
| 08h00 – 08h15 | Welcome | | |
| 08h15 – 08h55 | Microbiome | | |
| 08h55 – 09h35 | Cardiology and Depression | | |
| 09h35 – 10h05 | Cancer Immuno Therapy | | |
| 10h05 – 10h30 | Tea/Coffee Break | | |
| | Workshop 1 ADHD and Brain Development Workshop | Chairperson: | Workshop 2 Screening for Schizophrenia & Getting Early Treatment |
| 10h30 – 12h30 | ADHD and Brain Development | | Screening for Schizophrenia & Getting Early Treatment |
| 12h30 – 13h30 | Lunch Break | | |
| | Workshop 3 Psychotherapy Tools Workshop | Chairperson: | Workshop 4 Substance Abuse Workshop |
| 13h30 – 15h00 | Networking groups: - Mindfulness – Workshop on Psychotherapy techniques of mindfulness based therapies - DBT Groups - ACT Therapy - PGAP | | Workshop on Substance abuse |
| 15h00 – 15h30 | Tea/Coffee Break | | |
| | Workshop 5 Treatment of Anxiety Disorders | Chairperson: | Workshop 6 Practical Approach to Pain Management |
| 15h30 – 17h00 | Treatment of Anxiety Disorders | | Practical Approach to Pain Management |
| 17h00 | Mental Health and Art Expression Event – Exhibition Area | | |



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|---------------|---|---------------|
| 07h30 – 08h30 | Sponsored Breakfast Symposium Topic TBC | To be advised |
| 08h40 – 11h00 | PLENARY SESSION 2 | Chairperson: |
| 08h40 – 09h20 | How will Psychiatry benefit from advances in Neuro Science? | |
| 09h20 – 10h00 | Clinical and Ethical aspects of Opioid use in Mental Health | |
| 10h00 – 11h00 | Ethical and Legal aspects of Clinical Record Keeping | |
| 11h00 – 11h30 | Tea/Coffee Break | |
| | PLENARY SESSION 3 | Chairperson: |
| 11h30 – 13h30 | Neuroscience and Clinical Application of Hypnosis | |