



2019 PAIN SA CONGRESS

CHAMPAGNE SPORTS RESORT, DRAKENSBERG
3 – 5 MAY 2019

FRIDAY 3 May

09h30 – 17h00	Registration							
VENUE			VENUE		VENUE		VENUE	
10h30 – 12h30	Ultrasound Workshop	Co-Ordinators	Pain Physiology Refresher	Co-Ordinators	Exercise for yellow flags	Co-Ordinators	Assessing Low Back Pain Workshop	Co-Ordinators
12h30 – 13h30	LUNCH							
VENUE			VENUE		VENUE		VENUE	
13h30 – 15h30	Ultrasound Workshop	Co-Ordinators	Explaining pain	Co-Ordinators	Weaning Opioids workshop	Co-Ordinators	Managing pain in an emergency	Co-Ordinators
15h30 – 16h00	REFRESHMENTS							
VENUE								
16h00 – 17h30	Plenary Session 1							Chair: Romy Parker
	Opening Welcome							
16h00 – 16h45	Paediatric Pain							
16h45 – 17h30	Pain in South Africa – the results of the National Household Survey							
17h30 – 18h30	Sponsored trade symposium							
19h00	Delegates at leisure – Dinner in main restaurant for resident delegates							
19h00	Speakers Dinner							

SATURDAY 4 MAY

07h00 – 17h00	Registration							
VENUE								
07h30 – 08h20	Sponsored Breakfast Symposium							
VENUE	HALL C							
	Plenary Session 2							Chair: Murray McDonald
08h30 – 09h15								
09h15 – 10h00	Pain in victims of intimate partner violence							
10h00 – 10h30	REFRESHMENTS							
VENUE			VENUE					
10h30 – 13h00	Parallel Session 1 – Paediatric Pain		Chair: Anisa Bhattay	10h30 - 13h00	Parallel Session 2 – Pain in the Elderly		Chair: Sudha Bechan	
	Managing pain in the neonate				Pain is not a natural consequence of aging			
	Paediatric palliation				Managing pain in dementia			
					Pain and comorbidities – assessing considerations for			

				the elderly	
12h30 – 13h45	LUNCH & Poster viewing				
VENUE			VENUE		
	Parallel Session 3 - Free communications	Chair:		Parallel Session 4 – Trauma and acute pain	Chair: Sean Chetty
13h45 – 14h00			13h45 – 14h10	Managing pain in the wilderness	
14h00 – 14h15			14h10 – 14h30	Managing pain in the ICU	
14h15 – 14h30			14h30 – 14h55	Obstetric pain management	
14h30 – 14h45			14h55 – 15h20	SCI pain	
14h45 – 15h00					
15h00 – 15h15					
15h15 – 15h30					
15h30 – 16h00	REFRESHMENTS				
VENUE					
16h00 – 17h00	Plenary Session 3				Chair: Dershnee Devan
17h00 – 18h00	Ethics talk – The criminalising of drug use – what effects on us				
18h00 – 18h30	AGM				
19h00	Networking dinner				

SUNDAY 5 MAY

06h00	Wellness Activity				
07h30 – 08h00	Registration & Arrival Tea/Coffee				
VENUE			VENUE		
08h00 – 10h00	Parallel Session 6 – Mental Health	Chair: Fanie Meyer	09h00 – 11h00	Parallel Session 7 – Cancer Pain	Chair: Liz Gwyther
08h00 – 08h30	Psychoneuroimmunology		09h00 – 09h30	Interventions for managing cancer pain	
08h30 – 09h00	Managing pain in people with severe mental health illness		09h30 – 10h00	Rehabilitation in cancer pain	
09h00 – 09h30	Depression and pain		10h00 – 10h30	Psychospiritual management of pain in cancer	
09h30 – 10h00	CBT and ACT in pain		10h30 – 11h00		
10h00 – 10h30	REFRESHMENTS				
VENUE					
10h30 – 12h30	Plenary Session 4				Chair:
10h30 – 11h15					
11h15 – 12h30	Ethics talk – words that harm and words that help				
12h30	CLOSING				

(E) Ethics