

# Provisional Programme



**2018 CCSSA  
REFRESHER COURSE**

24 & 25 November 2018  
Misty Hills Conference Centre, Gauteng

## Saturday 24 November 2018

|               |  |   |   |
|---------------|--|---|---|
| 07h00 – 08h50 | REGISTRATION   |   |   |
|               | PLENARY 1  |   |   |
| Venue         |  |   |   |
| Chair         | Kuban Naidoo & Dean Gopalan  |   |   |
| 08h50 – 09h00 | Opening Welcome Address – <b>Kuban Naidoo &amp; Dean Gopalan</b>                   |   |   |
| 09h00 - 09h30 | Sepsis Associated AKI – <b>Xose Perez</b>  |   |   |
| 09h30 – 10h00 | Cultural Diversity and Sensitivity in ICU - <b>Heilie Uys</b>                      |   |   |
| 10h00 – 10h30 | Analgo-sedation in PICU – <b>Andreas Schibler</b>                                  |   |   |
| 10h30 – 11h00 | Early mobilization - what does the evidence say - <b>Shane Patman (Video link)</b> |   |   |
| 11h00 – 11h40 | REFRESHMENTS   |   |   |
| Venue         |  | <b>Workshop 1</b>   | <b>Workshop 2</b>   |
| Chair         | Debbie Baker   | Midnight ventilation<br><b>Raj Gheevarghese &amp; Ayesha Khan</b> | Exercise prescription in ICU<br><b>Heleen van Aswegen &amp; Kisayne Bowden</b>  |
| 11h40 – 12h00 | Can we trust our GUT in ICU?- <b>Erica Shaddock</b>                                | Sponsored by:<br><b>Mindray</b>                                   | <i>This workshop aims to address the concept of exercise therapy and prescription for patients who are recovering from critical illness. It will review the principles of exercise prescription for patients while in ICU and how to progress with therapy as their condition improves. It includes discussion on preparation of patients for exercise therapy in ICU, assessment of patients' responses to exercise, and when to not perform exercise therapy. The latest research evidence on exercise training in ICU will be shared and small group discussions of case studies will be done.</i> |
| 12h00 – 12h20 | Probiotics – Friend or Foe? - <b>Avashni Padayachee</b>                            |   |   |
| 12h20 – 12h40 | Inotropes – Precision or prayer? - <b>Ahmad Alli</b>                               |   |   |
| 12h40 – 13h00 | Fluids – are we closer to the answer? - <b>Ivan Joubert</b>                        |   |   |
| 13h00 – 14h00 | LUNCH  |   |   |

|               |   |   |   |
|---------------|---|---|---|
| 13h00 – 14h00 | LUNCH   |   |   |
| Venue         |   | <b>Workshop 3</b>   | <b>Workshop 4</b>   |
| Chair         | <b>Brenda Morrow &amp; Heleen Van Aswegen</b>                         | CRRT – a practical approach<br><b>Xose Perez</b>  | Critical Care Ultrasound<br>• eFAST<br>• Vascular access<br><b>Ahmad Alli &amp; Tammy Stanton</b>   |
| 14h00 – 14h20 | Airway suctioning - <b>Megan Whelan</b>                               | <i>Sponsored by:<br/>Adcock Ingram Critical Care</i>  | <i>Sponsored by:<br/>Mindray</i>  |
| 14h20 – 14h40 | Inspiratory Muscle training - <b>Ronel Roos</b>                       |   |   |
| 14h40 – 15h00 | Early mobilisation - <b>Catherine Tadyanemhandu</b>                   |   |   |
| 15h00 – 15h20 | Case Book: Decubitus Ulcers - a sore subject - <b>Cheryl Carter</b>   |   |   |
| 15h20 – 15h40 | Nurse to Transplantee- a road of revelations - <b>Heilie Uys</b>      |   |   |
| 15h40 – 16h20 | REFRESHMENTS  |   |   |
|               | CCSSA Egoli AGM   |   |   |
| Chair         | Lizl Veldsman & Desiree Cox   | <b>Workshops 5</b>  | <b>Workshop 6</b>   |
| 16h20 – 16h40 | Tracheostomy care in ICU: a unique perspective - <b>Kathryn Schie</b> | Patient Ventilator Dyssynchrony<br><b>Kuban Naidoo &amp; Avashni Padayachee</b>   | PICC Line Insertion<br><b>Liam Brannigan</b>  |
| 16h40 – 17h00 | Feeding Obese Patient - <b>Engela Francis</b>                         | <i>The Workshop will entail the identification of common dyssynchronies using ventilator waveform/graphics analysis. Participants will then have the chance to learn potential solutions involving hands-on manipulation of parameters on the mechanical ventilators.</i> | <i>PICC line placement is both a necessary and easily learnt skill in the intensive care unit for patients requiring long term vascular access. Correct placement technique is the key to extracting maximum benefit from this vascular access device</i> |
| 17h00 – 17h20 | The role of Chlorhexidine baths - <b>Andy Hayward</b>                 |   |   |
|               |   | <i>Sponsored by:<br/>Draeger</i>  | <i>Sponsored by:<br/>Becton Dickinson</i>   |
| 19h00         | Celebration Dinner  |   |   |

## Sunday 25 November 2018

| 07h00 – 08h30 |  | REGISTRATION  |   |
|---------------|--|---|---|
| 07h00 – 08h15 |  | Sponsored Breakfast Symposium 1   |   |
|               |  | 07h00 – 08h15   |   |
|               |  | Sponsored Breakfast Symposium 2   |   |
|               |  | Title - Speaker   |   |
| Venue         |  | <b>Workshop 7</b>   | <b>Workshop 8</b>   |
| Chair         | <b>Andrew Argent &amp; Palesa Monyake</b>              | Measuring Intra-abdominal Pressure<br><b>Isabel Coetzee &amp; Tanya Heyns</b> | Patient Ventilator Dyssynchrony<br><b>Kuban Naidoo &amp; Avashni Padayachee</b>   |
| 09h00 – 09h20 | Kiddie Menu Please! – <b>Tarryn Forsyth</b>            |   |   |
| 09h20 – 09h40 | The Antibiotic Dilemma - <b>Guy Richards</b>           |   |   |
| 09h40 – 10h00 | Vitamins and minerals for Sepsis – <b>Ismail Kalla</b> |   |   |
| 10h00 – 10h20 | High Flow in the ICU – <b>Andreas Schibler</b>         |   | <p><i>The ESPEN LLL programme in Clinical Nutrition and Metabolism is an innovative and effective educational programme for healthcare professionals, including medical doctors, dietitians, nurses, pharmacists etc. The LLL programme offers online training and live courses using a variety of modern training methodologies and resources.</i></p> <p><i>This workshop at the CCSSA refresher is run by SASPEN and Fresenius Kabi in conjunction with ESPEN LLL Programme in Clinical Nutrition and Metabolism</i></p> <p><i>The topic of the workshop is: Approach to Oral and Enteral Nutrition in Adults</i></p> <p><i>The 4 modules that will be presented are:</i></p> <p><i>Indications, Contraindications, Complications and Monitoring of EN</i></p> <p><i>Hospital Diet and Oral Nutritional Supplements (Sip Feeds)</i></p> <p><i>Techniques of Enteral Nutrition</i></p> <p><i>Formulae for Enteral Nutrition</i></p> <p><b>Sponsored by:</b><br/><b>Fresenius Kabi</b></p> |
| 10h20 – 11h00 | REFRESHMENTS   |   |   |

## Sunday 25 November 2018

|               |  |   |  |
|---------------|--|---|--|
| 07h00 – 08h30 | REGISTRATION   |   |  |
| 07h00 – 08h15 | Sponsored Breakfast Symposium 1  | 07h00 – 08h15                                     | Sponsored Breakfast Symposium 2  |
|               | Title - Speaker  |   | Title - Speaker  |
| 10h20 – 11h00 | REFRESHMENTS   |   |  |
| Venue         |  | <b>Workshops 10</b>                               | <b>Workshop 11</b>   |
| Chair         | Shahed Omar  | Paediatric Ventilation<br><b>Andreas Schibler</b> | Difficult conversations in ICU<br><b>Juan Scribante &amp; Dean Gopalan</b>   |
| 11h00 – 11h20 | Managing the high risk post-op patient – <b>Liam Brannigan</b>             | Sponsored by:<br>RCA                              | ICUs are emotionally charged environments in which many difficult conversations need to take place ... conversations involving staff, patient families and patients themselves ... conversations involving life & death, errors & risk and conflict & compassion.<br><br>This interactive workshop, aimed at all levels of ICU staff, will use scenarios and roleplay to explore the difficulties we face when having such conversations with an aim of finding ways to do this more effectively and with less stress. |
| 11h20 – 11h40 | ICP monitoring – what are we looking for? - <b>Isabel Coetzee</b>          |   |  |
| 11h40 – 12h00 | Pain management in the critically ill – <b>Sean Chetty</b>                 |   |  |
| 12h00 – 12h20 | AnalgoSedation in the Elderly Patient - <b>India Butler</b>                |   |  |
| 12h20 – 12h40 | Does taboo of HIV affect Critical Care Management - <b>Nosisa Siphombo</b> |   |  |
| 12h40 – 13h00 | Preventing Fungal infections - <b>Mervyn Mer</b>                           |   |  |
| 13h15         | Close  |   |  |

### Workshop 9 Continued...

Nutrition Workshop ESPEN (Part2)  
**Sponsored by Fresenius Kabi**