



Glynnview

MULTI PROFESSIONAL PRACTICE
for a better future

Saturday 21 July 2018

PROGRAMME

| TIME | TOPIC | SPEAKER | | | |
|----------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-------------------------------|
| 07h00 – 08h00 | Registration & Tea/Coffee | Chairperson: Dr JP Roux | | | |
| | PLENARY | | | | |
| 08h00 - 08h15 | Welcome | Dr JP Roux | | | |
| 08h15 – 08h55 | Cardiac Effects of Psychotropics | Dr R Goncalves | | | |
| 08h55 – 09h35 | Is it a heart attack or panic attack? | Dr F Meyer | | | |
| 09h35 – 10h15 | Clinical use of EEG's | Dr I Martinus | | | |
| 10h15 – 10h40 | Tea/Coffee Break | | | | |
| | IS HEALTHY NUTRITION A TAUTOLOGY? | Chairperson: Alta Kloppers | MAGIC BULLETS: Trick or treatment... A PRACTICAL APPROACH | Chairperson: Elmiën Butler | |
| 10h40 – 11h10 | Genetic testing in clinical practice; practical application | Dr Danny Meyersfeld | 10h40 – 12h10 | (Cannabis/Opioids/ Ketamine) | Dr JP Roux Dr S Salduker |
| 11h10 – 12h10 | What diet is best for health – genetic testing case studies – A perspective of a dietitian | Ms Claire Julsing Strydom | | | |
| 12h10 – 13h15 | Lunch Break | | | | |
| | PRACTICAL APPROACH TO THE CHILD WITH LEARNING & ATTENTION CHALLENGES | Chairperson: Nadia Joubert | PRACTICAL APPROACH TO MANAGING PATIENTS WITH DEPRESSION IN PRIMARY CARE | Chairperson: Martha Roux | |
| 13h15 – 14h45 | Sensory processing disorder. (SPD) the early detection and management in children | Dr R Sivepersad Mr Neil Amoore Ms C Padiachy | 13h15 – 14h45 | WORKSHOP: Making the correct diagnosis and choosing the appropriate treatment | Dr E Allers Mr G Grundling |
| 14h45 – 15h15 | Tea/Coffee Break | | | | |
| | PRACTICAL APPROACH TO SLEEP DISORDERS | Chairperson: Dr R Sivepersad | PRACTICAL APPROACH TO THE TREATMENT OF PAIN IN PRIMARY HEALTHCARE | Chairperson: Dr F Coetzee | |
| 15h15 – 17h00 | Why are sleep problems so common in psychiatric diagnosis? | Dr E Allers | 15h15 – 15h45 | What GPs should know about treating pain in the Primary Care setting? | Dr S Chetty |
| | Assessment, grading & Treatment for Sleep Apnea | Ms N Bhika | 15h45 – 16h15 | Pain in the Brain | Dr F Meyer |
| | Association of Temporal Lobe Epilepsy with Mental Health Disorder | Ms S Maharajh | 16h15 – 17h15 | ACT (Acceptance and commitment therapy) for pain | Ms E Butler |

Sunday 22 July 2018

| TIME | TOPIC | SPEAKER | | | |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|--|--|--|
| 07h30 – 08h30 | CIPLA Sponsored Breakfast Symposium Join the Movement Against Pain! | Dr S Salduker | | | |
| | MINDFULNESS MADE TANGIBLE | Chairperson: Ms K Roebert | | | |
| 08h40 – 10h40 | WORKSHOP A practical approach to mindfulness in life and in the workspace | Mrs C Divaris Ms A Wright | | | |
| 10h45 – 11h15 | Tea/Coffee Break | | | | |
| | ETHICS | Chairperson: Mr G Grundling | | | |
| 11h15 – 11h45 | MCI - Diagnosis and when to start Treatment | Dr F Potocnik | | | |
| 11h45 – 12h15 | Medico-legal and considerations for the elderly | Dr F Potocnik | | | |
| 12h15 – 13h15 | A Practical Approach on Informed consent to divulge information Supporting documents supplied to all delegates to use in their practice | Ms E Klinck | | | |
| 13h15 | Vote of thanks & Closure | Mr G Grundling | | | |