



# Glynnview

MULTI PROFESSIONAL PRACTICE  
for a better future

**Saturday 21 July 2018**

## PROVISIONAL PROGRAMME

TIME	TOPIC	SPEAKER			
<b>07h00 – 08h00</b>	Registration & Tea/Coffee	<b>Chairperson: Dr JP Roux</b>			
	<b>PLENARY</b>				
08h00 - 08h15	Welcome	Dr JP Roux			
08h15 – 08h55	Cardiac Effects of Psychotropics	Dr R Goncalves			
08h55 – 09h35	Is it a heart attack or panic attack?	Dr F Meyer			
09h35 – 10h15	Clinical use of EEG's	Dr I Martinus			
<b>10h15 – 10h40</b>	Tea/Coffee Break				
	<b>IS HEALTHY NUTRITION A TAUTOLOGY?</b>	<b>Chairperson: Alta Kloppers</b>	<b>MAGIC BULLETS: Trick or treatment... A PRACTICAL APPROACH</b>		<b>Chairperson: Elmiën Butler</b>
10h40 – 11h10	Genetic testing in clinical practice; practical application	Dr Danny Meyersfeld	10h40 – 12h10	(Cannabis/Opioids/ Ketamine)	Dr JP Roux Dr S Salduker
11h10 – 12h10	Case studies of using genetic testing - perspective of the dietitian	Ms Claire Julsing Strydom			
<b>12h10 – 13h15</b>	Lunch Break				
	<b>PRACTICAL APPROACH TO THE CHILD WITH LEARNING &amp; ATTENTION CHALLENGES</b>	<b>Chairperson: Nadia Joubert</b>	<b>PRACTICAL APPROACH TO MANAGING PATIENTS WITH DEPRESSION IN PRIMARY CARE</b>		<b>Chairperson: Martha Roux</b>
13h15 – 14h45	Sensory processing disorder. (SPD) the early detection and management in children	Dr R Sivepersad Mr Neil Amoore Ms C Padiachy	13h15 – 14h45	WORKSHOP: Making the correct diagnosis and choosing the appropriate treatment	Dr E Allers Mr G Grundling
<b>14h45 – 15h15</b>	Tea/Coffee Break				
	<b>PRACTICAL APPROACH TO SLEEP DISORDERS</b>	<b>Chairperson: Dr R Sivepersad</b>	<b>PRACTICAL APPROACH TO THE TREATMENT OF PAIN IN PRIMARY HEALTHCARE</b>		<b>Chairperson: Dr F Coetzee</b>
15h15 – 17h00	Why are sleep problems so common in psychiatric diagnosis?	Dr E Allers	15h15 – 15h45	What GPs should know about treating pain in the Primary Care setting?	Dr S Chetty
	Assessment, grading & Treatment for Sleep Apnea	Ms N Bhika	15h45 – 16h15	Pain in the Brain	Dr F Meyer
		Ms S Maharajh	16h15 – 17h15	ACT (Acceptance and commitment therapy) for pain	Ms E Butler

**Sunday 22 July 2018**

TIME	TOPIC	SPEAKER			
<b>07h30 – 08h30</b>	CIPLA Sponsored Breakfast Symposium Join the Movement Against Pain!	Dr S Salduker			
	<b>MINDFULNESS MADE TANGIBLE</b>	<b>Chairperson: Ms K Roebert</b>			
08h40 – 10h40	WORKSHOP A practical approach to mindfulness in life and in the workspace	Mrs C Divaris Ms A Wright			
<b>10h45 – 11h15</b>	Tea/Coffee Break				
	<b>ETHICS</b>	<b>Chairperson: Mr G Grundling</b>			
11h15 – 11h45	MCI - Diagnosis and when to start Treatment	Dr F Potocnik			
11h45 – 12h15	Medico-legal and considerations for the elderly	Dr F Potocnik			
12h15 – 13h15	A Practical Approach on Informed consent to divulge information Supporting documents supplied to all delegates to use in their practice	Ms E Klinck			
13h15	Vote of thanks & Closure	Mr G Grundling			