



18 – 20 October

2019

6<sup>th</sup> WIP AFRICA CONGRESS

Venue: Steve Biko Academic Hospital,  
Steve Biko Rd & Malan St,  
Prinshof 349-Jr, Pretoria

## Provisional Programme

### Friday 18 October

TIME	TOPIC	SPEAKER
09h00 - 10h00	Registration	
<b>VENUE</b>	<b>Main Lecture Room</b>	<b>Chair: Dr J Meyer</b>
	<b>Lecture day - topic the disc</b>	
10h00 - 10h15	Welcome	Dr E Thobejane
10h15 - 10h35	Radiation safety	Prof S Ahmad
10h35 - 10h55	Drugs used in interventional pain management	Dr J Meyer
10h55 - 11h15	Discogenic pain (Pathophysiology and Diagnosis)	Dr E Coetzee
11h15 - 11h35	Treatment of Discogenic pain (what is new)	Prof M Day
11h35 - 12h00	Approach to lower back pain (pain generators)	To be advised
<b>12h00 - 13h00</b>	<b>LUNCH</b>	<b>Chair: Dr P de Villiers</b>
13h00 - 13h20	Principles and mode of action of radiofrequency (pulsed and cooled)	Dr Z Suleiman
13h20 - 13h40	Role of sympathetic nervous system in chronic pain	Dr E Wilson
13h40 - 14h10	Depression and chronic pain	Dr F Meyer
14h10 - 14h40	Approach to Ultrasound in Chronic Pain	Prof A El Oumri
14h40 - 14h50	Q & A	
<b>14h50 - 15h10</b>	<b>REFRESHMENTS</b>	<b>Chair: Dr D Agbazue</b>
15h10 - 15h30	Cancer pain (is morphine the only answer)	Prof M Day
15h30 - 15h50	Recent advances in neuromodulation	Dr R Raath
15h50 - 16h10	The role of surgery in chronic pain management (including minimally invasive procedures)	Dr L Nel
16h10 - 16h30	Complications of interventional pain procedures	Dr P du Plessis
16h30 - 16h40	Q & A	
17h00 - 17h30	AGM (only WIP members)	
	<b>Trade Sponsored Symposium</b>	

### Saturday 19 October (Each station will be 2 hours – all delegates will rotate through)

TIME	TOPIC	SPEAKER
07h00 - 08h00	Registration	
<b>VENUE</b>	<b>Practical sessions</b>	
08h00 - 10h00	Practical Station 1 - Head and Neck Trigeminal ganglion block Sphenopalatine ganglion block Stellate ganglion block	Dr T Penberthy & Prof M Day
<b>10h00 - 10h30</b>	<b>REFRESHMENTS</b>	
10h30 - 12h30	Practical Station 2 – Cervical and Thoracic Cervical facet / RF Thoracic facet / RF	Dr D Agbazue & Dr J Meyer
<b>12h30 - 13h30</b>	<b>LUNCH</b>	
13h30 - 15h30	Practical Station 3 – Sympathetic system Thoracic sympathetic Splanchnic system Lumbar sympathetic	Dr R Raath & Dr E Wilson
<b>15h30 - 16h00</b>	<b>REFRESHMENTS</b>	
16h00 - 18h00	Practical Station 4 – Lumbar Lumbar facet block / RF Lumbar selective nerve root block	Dr L Smit & Dr Z Suleiman
	Advanced Station Caudal neuroplasty / neurolysis Cervical selective nerve root using a catheter Vertebral augmentation Discography FIPP mock exam (only for candidates that are considering exam)	Dr P de Villiers & Dr E Thobejane
<b>19h00</b>	<b>Network Dinner</b>	



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**Sunday 20 October** (Each station will be 2 hours – all delegates will rotate through)

TIME	TOPIC	
07h00 - 08h00	Registration	
<b>VENUE</b>	<b>Ethic lecture &amp; practicals</b>	
08h00 - 09h00	Ethics lecture – Consent, shared decision making, expectation management and psychology of disappointment	
09h00 - 11h00	Practical Station 5 – Sacrum Sacroiliac joint block / RF Sacral selective nerve root block Superior hypogastric block	Dr E Mansfeld / Dr A Oberholzer
<b>11h00 - 11h30</b>	<b>REFRESHMENTS</b>	
11h30 - 13h30	Practical Station 6 – Ultrasound Hip and knee Paravertebral, intercostal, TAP blocks	Dr P du Plessis & Prof A El Oumri
	Advanced Station Caudal neuroplasty / neurolysis Cervical selective nerve root using a catheter Vertebral augmentation Discography	Dr P de Villiers & Dr E Thobejane
	<b>Congress Closure</b>	